

# Overseas Challenge

Cuba Cycle Ride  
12-23 March

Peru Trek  
28 March - 6 April

China Trek  
9 - 18 May

London to Paris Cycle Ride  
3 - 7 June

Paris to Geneva Cycle Ride  
7-12 June

Vietnam Cycle Ride  
24 October - 5 November



There are so many interesting places to visit while fundraising for MSH. Some will challenge you!

Other destinations include, Kilimanjaro, Sahara, Cuba & Costa Rica.

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2009

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